

PATIENT INSTRUCTIONS FOR SCABICIDAL THERAPY

- * Bathe with warm water (not hot) and dry thoroughly before applying medication.
- * Remove all rings, watches and bracelets.
- * Use medication only as prescribed; do not overuse.
- * Apply a thin layer of cream/lotion behind the ears and to the entire body surface from the chin down, including the web spaces between the fingers and toes, groin, axillae, umbilicus, and buttock crease. Include the scalp, face, palms and soles in infants and small children. Avoid the eye and mouth areas.
- * Trim and clean nails; apply medication to all nail edges. Do not wash hands after application.
- * Thoroughly remove medication after 8-12 hours (lindane); 8-14 hours (permethrin), or 48 hours (crotamiton) by bathing with warm, soapy water.
- * After bathing, wash all bed linens and clothing worn during treatment. Hot washing and drying cycles should be used.
- * Itching may continue for several days to weeks after treatment. Ask your doctor to prescribe medications (antihistamines, topical corticosteroids) to relieve itching as needed. Over-the-counter calamine lotion and moisturizers may also be helpful.